



Dear Parent/Carer,

As a part of your child's education within St Barnabas Multi Academy Trust, we have a statutory requirement to provide quality personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives young people the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

From September 2020 the Department for Education made Relationships and Health Education compulsory in all schools.

What does the new guidance mean?

The new guidance focuses on healthy relationships and keeping children safe in the modern world. It also covers a wide range of topics relating to physical and mental health, wellbeing and safeguarding.

Learning about the emotional, social and physical aspects of growing up will give young people the information, skills and positive values to have a safe, fulfilling and will help them take responsibility for their own wellbeing.

All of the sessions will be age-appropriate and meet the needs of all pupils within the class.

How will this be delivered?

This guidance will form part of the MAT's PSHE/RSE education programme which is taught throughout each school in every year group and is reviewed regularly by the staff.

For more detail about the PSHE/RSE programme being provided please refer to the accompanying documents. All teaching of PSHE/RSE will take place in a safe learning environment and be underpinned by our school ethos and values. A variety of opportunities will be provided for pupils to ask questions to further their understanding and to find out more about what affects them personally.

What if I have questions?

To introduce parents to this concept and ensure everyone is informed, we would like to review the draft policies and the statutory content of the relationships and sex education programme. The draft policies also contain important information for parents who may wish to withdraw their children from these classes.

As a school community, we are committed to working with parents. If you would like to find out more, make any comments or provide feedback, please complete the attached Google Form.

Yours sincerely

Amber McCarten
MAT PSHE Lead

